

## **JANUARY**

- Cervical Health Awareness Month
- National Birth Defects Prevention Month
- National Glaucoma Awareness Month
- National Radon Action Month
- Thyroid Awareness Month
- National Folic Acid Awareness Week (8-14)

## **FEBRUARY**

- AMD/Low Vision Awareness Month
- Heart Month
- International Prenatal Infection Prevention Month
- National Children's Dental Health Month
- Give Kids a Smile Day (3)
- National Wear Red Day (3)
- Congenital Heart Defect Awareness Week (7-14)
- National Donor Day (14)

## **MARCH**

- National Endometriosis Awareness Month
- National Nutrition Month®
- Save Your Vision Month
- Trisomy Awareness Month
- Workplace Eye Wellness Month
- National Sleep Awareness Week®
- National School Breakfast Week (5-9)
- World Kidney Day (8)
- Brain Awareness Week (12-18)
- National Poison Prevention Week (18-24)
- World Tuberculosis Day (24)
- National Tsunami Awareness Week (25-31)
- American Diabetes Alert Day (27)

## **APRIL**

- Alcohol Awareness Month
- Irritable Bowel Syndrome Awareness Month
- National Autism Awareness Month
- National Distracted Driving Month
- National Donate Life Month
- National Facial Protection Month

- National Minority Health Month
- National Sarcoidosis Awareness Month
- Sexual Assault Awareness and Prevention Month
- Sports Eye Safety Awareness Month
- STI Awareness Month
- Women's Eye Health and Safety Month
- National Public Health Week (2-8)
- National Alcohol Screening Day® (5)
- World Health Day (7)
- National Infant Immunization Week (21-28)
- National Infertility Awareness Week (22-28)
- World Meningitis Day (24)

## **MAY**

- Arthritis Awareness Month
- Better Hearing and Speech Month
- Employee Health and Fitness Month
- Healthy Vision Month
- Hepatitis Awareness Month
- Lupus Awareness Month
- Melanoma/Skin Cancer Detection and Prevention Month®
- Mental Health Month
- National Celiac Disease Awareness Month
- National High Blood Pressure Education Month
- National Osteoporosis Awareness and Prevention Month
- Ultraviolet Awareness Month
- Children's Mental Health Awareness Week (1-7)
- North American Occupational Safety and Health Week (6-12)
- National Stuttering Awareness Week (7-13)
- Air Quality Awareness Week (7-11)
- Food Allergy Awareness Week (13-19)
- National Alcohol- and Other Drug-Related Birth Defects Week (13-19)
- National Women's Health Week (13-19)
- National Women's Check-Up Day (14)
- HIV Vaccine Awareness Day

- Heat Safety Awareness Day (25)
- National Hurricane Preparedness Week (May 27-June 2)
- National Senior Health & Fitness Day® (30)
- World No Tobacco Day (31)

## **JUNE**

- Fireworks Safety Month (June 1-July 4)
- Cataract Awareness Month
- Home Safety Month
- National Aphasia Awareness Month
- National Congenital Cytomegalovirus Awareness Month
- National Cancer Survivor's Day (3)
- Men's Health Week (11-17)
- World Sickle Cell Day (19)
- National HIV Testing Day (27)

## **JULY**

- Fireworks Safety Month (June 1-July 4)
- International Group B Strep Awareness Month
- Juvenile Arthritis Awareness Month
- National Cleft & Craniofacial Awareness & Prevention Month
- UV Safety Month
- World Hepatitis Day (28)

## **AUGUST**

- Children's Eye Health and Safety Month
- National Immunization Awareness Month
- World Breastfeeding Week (1-7)

## **SEPTEMBER**

- Childhood Cancer Awareness Month
- Fruit and Veggies – More Matters Month
- Leukemia & Lymphoma Awareness Month
- National Atrial Fibrillation Awareness Month
- National Childhood Obesity Awareness Month
- National Cholesterol Education Month

# At~A~Glance

- National Sickle Cell Month
- Newborn Screening Awareness Month
- Ovarian Cancer Awareness Month
- Prostate Cancer Awareness Month
- Whole Grains Month
- Healthy Aging® Month
- National Celiac Disease Awareness Day (13)
- National Farm Safety & Health Week (16-22)
- National Rehabilitation Awareness Celebration Week (16-22)
- Get Ready Day (18)
- National School Backpack Awareness Day (19)
- World Alzheimer's Day (21)
- National Women's Health & Fitness Day™ (26)
- RAINN Day (27)
- World Rabies Day (28)
- Family Health & Fitness Day USA® (29)
- World Heart Day (29)

## **OCTOBER**

- Eye Injury Prevention Month
- Health Literacy Month
- Home Eye Safety Month
- National Breast Cancer Awareness Month
- National Bullying Prevention Month
- National Down Syndrome Awareness Month
- National Physical Therapy Month
- Stop America's Violence Everywhere (SAVE) Today
- Sudden Infant Death Syndrome Awareness Month
- Drive Safely Work Week (1-6)
- Child Health Day (1)
- Walk to School Day (3)
- Mental Illness Awareness Week (7)
- Bone and Joint Initiative National Action Week (12-20)
- World Food Day (16)
- International Stuttering Awareness Day (22)
- Red Ribbon Week (23-31)

## **NOVEMBER**

- American Diabetes Month
- COPD Awareness Month
- Diabetic Eye Disease Month
- Lung Cancer Awareness Month
- National Alzheimer's Disease Awareness Month
- National Healthy Skin Month
- National Hospice Palliative Care Month
- National Stomach Cancer Awareness Month
- Drowsy Driving Prevention Week (12-18)
- Great American Smokeout (15)
- National Survivors of Suicide Day (17)
- Gastroesophageal Reflux Disease (GERD) Awareness Week (18-24)

## **DECEMBER**

- Safe Toys and Gifts Month
- World AIDS Day (1)

Source: 2012 National Health Observances, National Health Information Center, U.S. Dept. of Health and Human Services, Office of Disease Prevention and Health Promotion. Website: [www.healthfinders.gov](http://www.healthfinders.gov)